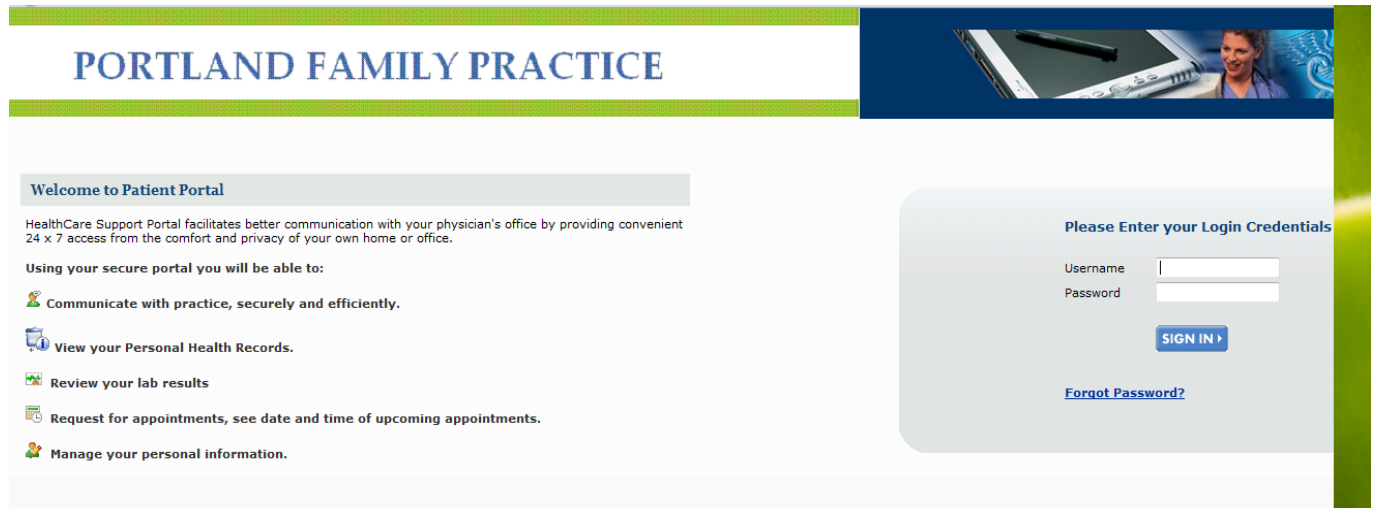


Portal Sign in

Using the information provided to you by the clinic when your portal account was set up, please sign into your account. **PLEASE NOTE:** you have to use the username and password assigned to you by the clinic, and sign the 'Terms of use' disclaimer before you try to electively change your password.

1. The website for the portal is **http://www.portlandfp.com/portal**
2. Enter your **user-name** and **password** exactly as they were given to you (**User-names and passwords are case-sensitive!**)
3. Click **'Sign in'**



If this is the first time to the portal, you'll be presented with a disclaimer to read. Please review it and click on the small box indicating you understand and accept the terms. You will only have to do this once. You will then be directed to the home page.

- A link to the copy of the 'Terms of use' disclaimer can be located on our portal page, or a copy can be provided to you upon request.

