



## **Dr. Thomas Kasten**

Born and Raised: Corvallis, Oregon

School: Contra Costa Family Practice Residency Program, Martinez, CA, 2000-2003  
(Co-Chief Resident 2002-2003)

University of California, San Francisco, M.D degree, 2000

University of Oregon, Eugene OR, B.S., Biology, 1990

Dr Thomas Kasten is a very thorough and caring family practice physician whose focus is on family. His practice includes, but is not limited; to minor surgeries, procedures, casting, chronic care management, well child and adult wellness exams. Dr Kasten believes in treating the whole patient and feels that good mental health goes hand in hand with good physical health.

Time off activities: Running, Hiking, Backpacking, Music, Cooking, Gardening and spending time with his family.