

Over View Of OB Visits

At every visit throughout pregnancy we will measure the following

- *Your weight
- *Your blood pressure
- *The baby's heartbeat (usually can be heard after the 12th week)

8-10 week visit

Prenatal labs, physical exam, pap, and discuss genetic testing, start prenatal vitamins if they have not been started, discuss nutrition. We will be using our Ultrasound Machine to check fetus, this will give us an approximate date of how far you are along and determine your due date.

12 week visit- Routine OB visit.

16 week visit-

Offer Genetic screening and refer childbirth classes if you are interested. Schedule ultrasound at the hospital, which we would review at your next visit this would be to check the anatomy of your baby.

20 week visit-

Educational material from the hospital you decide to deliver at material is provided.

24 week visit

We will be providing you with Glucola, a drink to check for diabetes, and directions on how to take it for your next visit.

28 week visit-

After Drinking Glucola we will be checking a blood test for diabetes. We will also be checking for anemia. We will provide you with Rhogam if your blood type is RH negative (example O negative). We also will want to discuss plans for birth control after you have your baby.

32-34 week visit- We will be checked to make sure baby's head is down.

36 week visit-

We will be doing a culture to test for Group B Streptococcus (GBS) bacteria. This is a chance to review pain management for labor and delivery, birthing plans, and preparing for a new family member. This is a good time to review how you plan to feed baby.

37-38-39-40 We like to see you every week after 36 weeks until you deliver.

41 week visit

If you are still pregnant we can discuss plans to induce your labor. Some hospital monitoring will be arranged after due date.

*After Delivery we like to see you 4-6 weeks for a postpartum visit *

New Infant/Family Member visit schedule: 1) 2-3 days after going home. 2) 2 weeks after birth. 3) 2,4,6 Months for exams and immunizations