

AFTER DELIVERY

In the hospital, you and your baby will be cared for by one of our Portland Family Practice doctors, who is doing hospital visits for that week/weekend. You can expect to stay in the hospital for about 2 days after a vaginal delivery, or up to 4 days after a cesarean delivery.

After you leave the hospital, we will see your baby in the office:

- 2-3 days after going home from the hospital
- 2 weeks after birth (or as often as needed)
- At 2, 4, and 6 months after birth, for well child exams and immunizations

You will have a routine office visit 4-6 weeks after delivery to check on your health and assist with family planning. We will also see you at any time for any other appointments you might need, such as for more help with breastfeeding.

We are honored to be your doctors and to be a part of your birthing and parenting experience.

We will do everything we can to assist you and your family.